

## Behavioral Health System Baltimore Resource and Support Guide for Older Adults in Baltimore

#### Introduction

This resource guide is to help older adults in different areas of needs and simplify how they can access and navigate different services in the community. This information is to support older adults during these trying and stressful times. It will help to alleviate the difficulty in finding solutions to our older adults' healthcare needs and services to eliminate some burdens that get in their way of meaningful life.

The guide also presents the opportunity for the older adults and their caregivers to reach out to professionals in different facilities and programs with the goal to ensuring that their medical and other personal needs such as their ADLs (Activities of Daily Living) and IADLs (Instrumental Activities of Daily Living) are met through appropriate referrals.

### **Assisted Living Facilities (ALF) in Baltimore**

#### **Taylor Care**

Specialized Services: Forensic/Mental Health

Contact: Shaun Taylor Phone: (443) 865 1129

Email: <a href="mailto:shauntaylor@comcast.net">shauntaylor@comcast.net</a>

#### **Affluent Living Adult Care**

Specialized Services: Forensic/Behavioral Health

Contact: Sundia Gaynor Phone: (410) 365 6229

Email: affluentlivingac@gmail.com

#### St. Charles Place

Specialized Services: Forensic/Behavioral Health

Waiver Approved Contact: Marc Randall



Phone: (410) 302 8700

Email: stcharles5246@gmail.com

#### **House of Victory**

Specialized Services: Forensic/Mental Health

Waiver Approved Contact: Cali Holt Phone: (917) 881 2253

Email: stchales5246@gmail.com

#### **Key-To-Heart Assisted Living**

Specialized Services: Mental Health

Contact: Quiana Brown Phone: (443) 226 6902

Email: guianabrown@comcast.net

#### The Millennium ALF

Specialized Services: Forensic/Mental Health

Waiver Approved

Contact: Tenecia Washington

Phone: (443) 531 1988

Email: <a href="mailto:themillenniumalf@gmail.com">themillenniumalf@gmail.com</a>

#### **Majestic Care**

Specialized Services: Behavioral Health

Contact: Barbara Poindexter

Phone: (443) 766 5951

Email: atmajesticcare0616@gmail.com

#### **Wilson Care**

Specialized Services: Behavioral Health

Contact: Myra Washington Phone: (443) 392 7604 Email: myrawlove@aol.com

#### **Doris Place, LLC**

Specialized Services: Mental Health/Substance Use Disorder

Contact: Donyette McCray



Phone: (443) 438 5680/ (410) 805 6381

Email: dplace3302@gmail.com

#### **House of Loving Hands Assisted Living**

Specialized Services: Mental Health/Behavioral Health

Contact: Monica Ellison Phone: (410) 299 9887

Email: houseoflovinghands@yahoo.com

#### **Judy's Place Assisted Living**

Specialized Services: Mental Health/Substance Use Disorder

Contact: Tierria Anderson Phone: (410) 967 3034

Email: judysplaceassistedliving@gmail.com

# **Medical Day Programs Residential Rehabilitation Program (RRP)**

#### **Sheppard Pratt Residential Rehabilitation Program**

Glenmore Location
Contact: Cathy Gans

Office: 443-759-4964; Fax: 443-759-4967

Email: cathy.gans@mosaicinc.org

## **Mobile Mental Health Outreach**Senior Outreach Services (SOS)

Contact: Magda Wardrop Phone: (410)328 3437

Email: <u>mwardrop@umm.edu</u>

#### **Johns Hopkins Patch Program**

Contact: Rita Wood Phone: 410-955-5212 Email: rwood32@jhmi.edu



#### **Care Transition Program @ Mercy Medical**

Contact: Carrie Boone Phone: 410-576-5291

Email: <a href="mailto:cboone3@mdmercy.com">cboone3@mdmercy.com</a>

#### **Levindale Hebrew Geriatric Center and Hospital**

Contact: Hannah Kilburg, LCSW-C

Director, Outpatient Behavioral Health Services

Phone: 410-9601-2374

Email: hkilburg@lifebridgehealth.org

### **Medical Day Programs**

#### **Alice Manor Adult Medical Day Services:**

Erica McCullough
Director of Admissions
Telephone # (443) 301 6054 (Mobile)
(410) 298 9800

#### **Active Day Adult Medical Services**

Kristin Cochran

Director

Telephone #: (410) 242 0379 kcochran@activeday.com

#### **Optum Maryland (Also Behavioral Health Administration)**

Phone: (800) 888 1965 Option 3

Fax: (844) 887 9875

Email: PASRRmd@optum.com

Attention: PASRR (Pre-Admission Screening and Resident Review)

Primary Contact: Karen Gauvin

Phone: (443) 896-0635

Email: karen.gauvin@optum.com

Secondary Contact: Celeste Boykins, Office: (443) 896 0445

Email: celeste.boykins@optum.com

### **Outpatient Mental Health Clinics**



#### **University of Maryland**

Psychiatric Intake Program Telephone: (410) 328 8415

#### **Johns Hopkins University Bayview**

Community Psychiatric Program Intake Division

Telephone: (410) 550 0104

## Psychiatric Rehabilitation Day Programs Age Plus @ Harford Belair

4308 Harford Road Baltimore, MD 21214

Phone: (410) 426 5143/ (410) 426 5650

60 and older

#### **Vitality People Encouraging People**

Phone: (410) 366 4299

55 and older

## **Adult Services of Baltimore City Department of Social Services** (Adult Encountering Abuse)

Any adult encountering abuse or mistreatment of any kind (financial, sexual, or financial abuse, neglect, in-home aid, gas/electric bill help, and other social service needs should contact this office.

You deserve to be treated with dignity and respect. If you are feeling mistreated by anyone, seek help through this office.

Office: 1510 N. Guilford Avenue, Baltimore, Maryland 21202

Phone: Call (410) 361 5000

#### **Maryland Access Point (MAP)**

To connect with health and support service needs: Call (410) 396 2273

#### **Here2Help Hotline**



Call *Baltimore's Here2Help Hotline* for 24/7 access to confidential advice and emotional support. Call (410) 443 5175

#### **Legal Aid's Senior Hotline**

To seek legal help: Call **1-866-635-2948** 

#### **Baltimore City Health Department (BCHD) COVID Call Center**

Monday - Friday 8.30 A.M - 6.30 P.M Saturday - 9.00 A.M - 1.00 P.M Call (410) 984-8640

#### **Program of All-Inclusive Care for the Elderly (PACE)**

This is a program that helps older adults to continue to live in their homes while receiving medical care and quality of life services from the Johns Hopkins Division of Geriatric Medicine and Gerontology.

Call to request an appointment: 410-550-8093 or 410.550.7047 (Tiffany Williams and Theodore Peters)