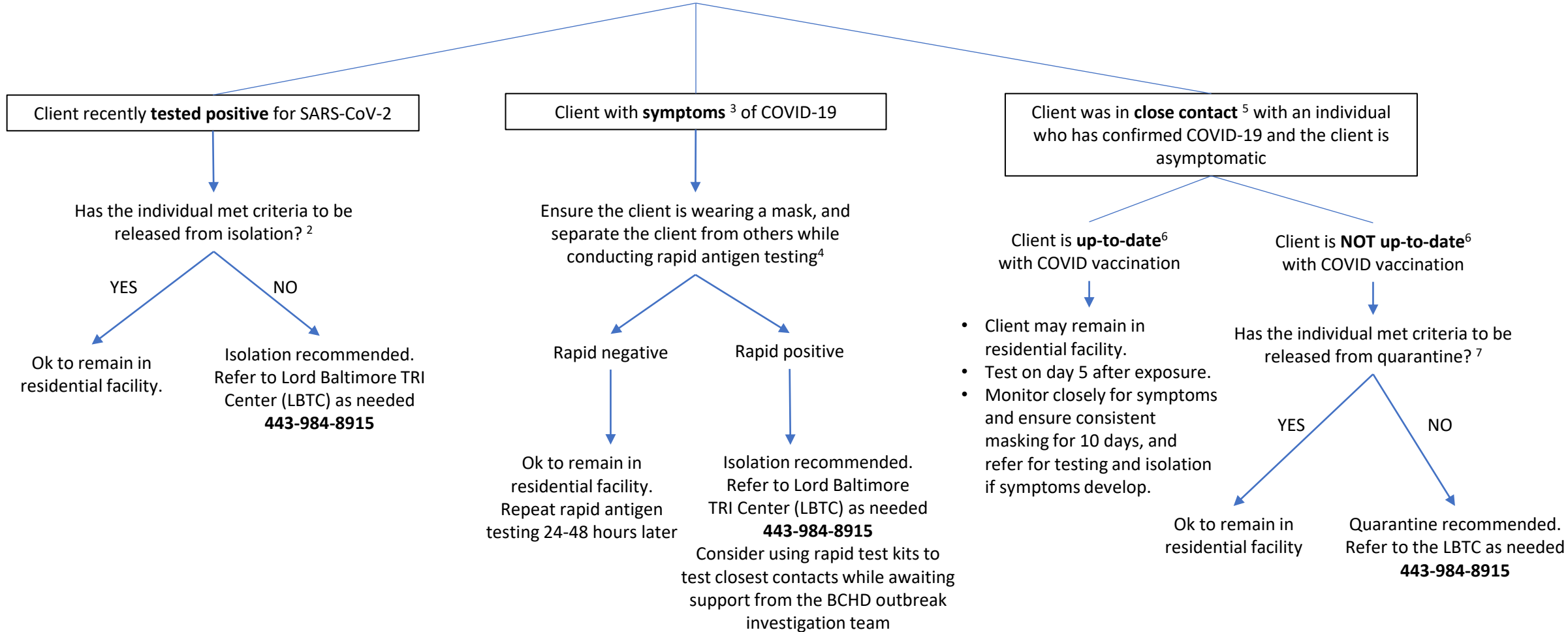


COVID Testing and Referral to Isolation, and Quarantine: Clients of Residential Congregate Settings with access to COVID rapid test kits

What is the COVID-related concern?
Step 1: Contact the BCHD Outbreak Investigation team ¹



1. Report all COVID-19 related concerns for shelter clients to the Baltimore City Health Department outbreak investigation team. Contact the assigned outbreak investigator, or Kyle McDermott (kyle.mcdermott@baltimorecity.gov, 443-835-9116)
2. 10-day isolation is recommended, with day 0 being the date of symptom onset, and if asymptomatic the day of first positive test in the last 90 days. A shorter 5-day isolation period is recommended for the general public, but 10 days remains the recommendation for congregate settings. Your BCHD Outbreak Investigator may recommend a shorter isolation period in crisis situations (limited staffing or limited isolation space).
3. Symptoms of COVID-19 include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea.
4. If rapid test kits are not available, pursue testing via HCH or any other testing resource and refer to isolation at the Lord Baltimore TRI Center while awaiting results
5. Close contact is defined as being less than 6 feet away from an infected person for a cumulative total of 15 minutes or more over a 24-hour period.
6. Up-to-date means a person has received all recommended COVID-19 vaccines, including any booster doses when eligible. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
7. 10-day quarantine is recommended, with day 0 being the last date of close contact. A shorter 5-day quarantine is recommended for the general public, but 10 days remains the recommendation for congregate settings. Your BCHD Outbreak Investigator may recommend a shorter quarantine in crisis situations (limited staffing or limited quarantine space). Testing 5 days after exposure is recommended. <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>