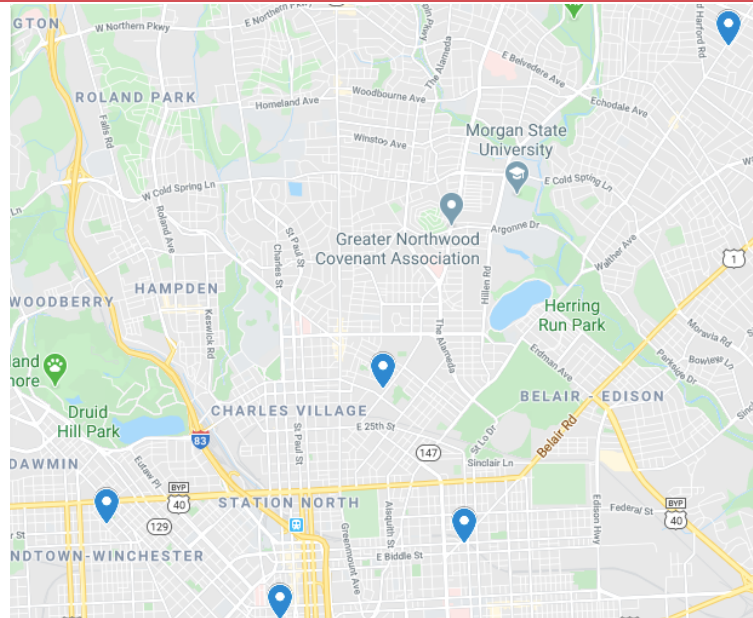


# BALTIMORE WELLNESS & RECOVERY CENTERS

Baltimore's Wellness & Recovery Centers are here to help you connect to services and peer support. The centers offer a safe place to be, harm reduction services, peer support and connection to treatment, employment resources and other social services. To find help and a supportive community near you, click the map on the right to enlarge it. If you are in crisis or need help now, call Baltimore's Here2Help Hotline at **(410) 433 5175**. To learn more about Wellness & Recovery Centers, contact Tamara Anderson at [tamara.anderson@bhsbaltimore.org](mailto:tamara.anderson@bhsbaltimore.org).



## Charm City Care Connection

**Phone:** (301) 615 2191

**Hours:** M - Th, 2 pm - 5 pm

**Address:** 1212 N. Wolfe St

**Services:** Harm reduction services, outreach, peer support, syringe services, naloxone, fentanyl test strips, case management, syringe delivery

## Hearts and Ears

**Phone:** (410) 523 1694

**Hours:** W - Sat, 12 pm - 5 pm

**Address:** 611 Park Ave, Suite A

**Services:** Services to support LGBTQIA+ individuals, peer support, group activities, referral services

## Helping Other People Through Empowerment (HOPE)

**Phone:** (410) 327 5830

**Hours:** Everyday: 8 am - 4:30 pm

**Address:** 2828 Loch Raven Road

**Services:** Peer support, referrals, meals, CPRS train/vol & more

## Penn North

**Phone:** (410) 728 2080

**Hours:** M - F: 8 am - 9 pm, S/S 11 am - 6 pm

**Address:** 2410 Pennsylvania Ave

**Services:** Referrals to treatment, peer support, trainings, holistic wellness services, COVID resources, 12-step groups, housing resources, workforce development, meals, computer lab access

## On Our Own, Inc

**Services:** Peer support, educational support, referral services, case management, group activities

### Harford Road Location

**Phone:** (443) 444 4500

**Hours:** W, Thu, F, Sa: 12pm - 7 pm

**Virtual Hours - Telehealth Peer Support:** M, T: 7 am - 7 pm

**Address:** 6301 Harford Road

### Charles Village Center Location

**Phone:** (443) 610 5956

**Hours:** T, Th: 12 pm - 4 pm

**Virtual Hours - Telehealth Peer Support:** W: 7 am - 7 pm

**Address:** 2225 N. Charles Street, 3rd floor



**Behavioral Health System**  
Baltimore

<https://www.bhsbaltimore.org/>