Baltimore's Wellness & Recovery Centers are here to help you connect to services and peer support. The centers offer a safe place to be, harm reduction services, peer support and connection to treatment, employment resources and other social services. To find help and a supportive community near you, click the map on the right to enlarge it. If you are in crisis or need help now, call Baltimore's Here2Help Hotline at (410) 433 5175. To learn more about Wellness & Recovery Centers, contact Tamara Anderson at tamara.anderson@bhsbaltimore.org.

**Charm City Care Connection**
- **Phone:** (301) 615 2191
- **Hours:** M - Th, 2 pm - 5 pm
- **Address:** 1212 N. Wolfe St
- **Services:** Harm reduction services, outreach, peer support, syringe services, naloxone, fentanyl test strips, case management, syringe delivery

**Hearts and Ears**
- **Phone:** (410) 523 1694
- **Hours:** W - Sat, 12 pm - 5 pm
- **Address:** 611 Park Ave, Suite A
- **Services:** Services to support LGBTQIA+ individuals, peer support, group activities, referral services

**Helping Other People Through Empowerment (HOPE)**
- **Phone:** (410) 327 5830
- **Hours:** Everyday: 8 am - 4:30 pm
- **Address:** 2828 Loch Raven Road
- **Services:** Peer support, referrals, meals, CPRS train/vol & more

**Penn North**
- **Phone:** (410) 728 2080
- **Hours:** M - F: 8 am - 9 pm, S/S 11 am - 6 pm
- **Address:** 2410 Pennsylvania Ave
- **Services:** Referrals to treatment, peer support, trainings, holistic wellness services, COVID resources, 12-step groups, housing resources, workforce development, meals, computer lab access

**On Our Own, Inc**
- **Services:** Peer support, educational support, referral services, case management, group activities

**Harford Road Location**
- **Phone:** (443) 444 4500
- **Hours:** W, Thu, F, Sa: 12pm - 7 pm
- **Virtual Hours - Telehealth Peer Support:** M, T: 7 am - 7 pm
- **Address:** 6301 Harford Road

**Charles Village Center Location**
- **Phone:** (443) 610 5956
- **Hours:** T, Th: 12 pm - 4 pm
- **Virtual Hours - Telehealth Peer Support:** W: 7 am - 7 pm
- **Address:** 2225 N. Charles Street, 3rd floor

https://www.bhsbaltimore.org/