**Perinatal Mood & Anxiety Disorders Consultancy – PROFESSIONALS TRACK**

The [B’more for Healthy Babies](http://healthybabiesbaltimore.com/) (BHB) Prenatal/Postpartum Behavioral Health (PPBH) Network is hiring community consultants to develop our multi-year strategic workplan on the issue of perinatal mood and anxiety disorders (PMADs).

The consultants will gather together in a series of facilitated workshops to share, brainstorm, and ultimately select the public health policies and practices the PPBH Network will focus on over the next several years. We expect a commitment of approx. five 2+ hour workshops and light homework in between, throughout 2020; however, as this is a new area and process for BHB, please consider that this will be an evolving activity.

**Compensation**: $125/hr. for up to 13 hours total

This small cohort will be comprised of local mental health professionals and advocates/activists. THIS IS THE APPLICATION FORM FOR LICENCESED/CERTIFIED CLINCAL MENTAL HEALTH PROFESSIONALS.\*

***Required*** *qualifications:*

* Active licensure or certification in the State of MD in a clinical mental health profession.
  + Includes: social workers, professional counselors, psychologists, psychiatrists, psych NPs.
* At least 12 mos. of clinical experience working with Baltimore City individuals or families with perinatal mental health challenges.
* Your practice/program must have at least one location in Baltimore City (telehealth is acceptable) and accept clients with Medical Assistance or who are uninsured.
* Ability to commit 13 hours total throughout 2020, spread over 4-6 in-person workshops. Dates and times will be selected soon after all consultants are hired; it will likely include evenings and/or weekends. Childcare can be provided.
* Familiarity with the Socio-Ecological Model.
* A team player, able to see the bigger picture, and not easily flustered.

\*If any of the above do not apply to you, you may still be eligible to consult as an advocate. *Please submit the application form under the “advocates track,” as any “professional track” applications that don’t qualify will be discarded.* If you are not sure which application you should submit, please email Jennifer.Kirschner@baltimorecity.gov.

**How to Apply:**

By Mon. 03/09/20 at 8:00am, submit your **resume or CV** and **answers to the questions beginning on page 2** to Jen at [Jennifer.Kirschner@baltimorecity.gov](mailto:Jennifer.Kirschner@baltimorecity.gov). We will confirm receipt of your application within 2 business days. Select applicants will be invited for a brief phone or in-person interview in Early- or Mid-March.

PMADs Strategic Plan Consultants – Professionals Track

*Please note that due to the small size of the behavioral health and maternal/child health professional communities in Baltimore, we cannot make any promises regarding the confidentiality or anonymity of your responses.*

**Answer regarding only the work you have done directly, not about your clinic/program in**

**general.**

1. Please describe your work with individuals or families with perinatal mental health challenges. Include information on the type and scope of your work (e.g., facilitate free monthly CBT group therapy sessions reaching ~30 postpartum women yearly).
2. About what percent of patients/clients you directly serve fall under the following categories. Consider all clients you’ve served in Baltimore City, not just those with a PMAD.
   1. Use Medicaid as primary insurance: \_\_\_\_\_\_\_ %
   2. Female (assigned female at birth): \_\_\_\_\_\_\_ %
   3. Male (assigned male at birth): \_\_\_\_\_\_\_ %
   4. Under age 18: \_\_\_\_\_\_\_ %
   5. Ages 19 – 45: \_\_\_\_\_\_\_ %
   6. Black/African-American, incl. Afro-Latinx and Afro-Caribbean: \_\_\_\_\_\_\_ %
   7. Pregnant (you served them while they were pregnant): \_\_\_\_\_\_\_ %
   8. Postpartum (you served them w/in 1 yr. post-birth or loss): \_\_\_\_\_\_\_ %
   9. Confirmed or suspected diagnosis (Dx) of prenatal or

postpartum (P/PP) mood disorder: \_\_\_\_\_\_\_ %

* 1. Confirmed or suspected Dx of P/PP anxiety disorder: \_\_\_\_\_\_\_ %

1. In your opinion, what is the greatest barrier to successful treatment of PMADs in Baltimore City, and why?
2. Please describe your ties to Baltimore City:
3. *(Optional, check all that apply)* Do you have lived experience with mental illness during or within one year of pregnancy or delivery:

* as a gestational parent
* as a primary caregiver (i.e. during/after a pregnancy you did not carry)

1. *(Optional)* Do you identify as a person of color?