**Perinatal Mood & Anxiety Disorders Consultancy – ADVOCATES TRACK**

The [B’more for Healthy Babies](http://healthybabiesbaltimore.com/) (BHB) Prenatal/Postpartum Behavioral Health (PPBH) Network is hiring community consultants to develop our multi-year strategic workplan on the issue of perinatal mood and anxiety disorders (PMADs). For this project, PMADs include psychological or emotional distress or impairment among caregivers during or in the first year after pregnancy.

Consultants will gather together in a series of facilitated workshops to share, brainstorm, and ultimately select the public health policies and practices the PPBH Network will focus on over the next several years. We expect a commitment of approx. five 2+ hour workshops and light homework in between, throughout 2020; however, as this is a new area and process for BHB, please consider that this will be an evolving activity.

**Compensation**: $125/hr. for up to 13 hours total

This small cohort will be comprised of local PMADs professionals and advocates/activists and we will prioritize people of color and people with lived experience*. If you are a licensed/certified mental health clinician in Baltimore, you may wish to apply as a consultant under the Professionals Track.* **For this project, non-mental health clinicians and professionals—such as prenatal care providers, birth workers, and non-clinical social workers—are considered advocates.** If you are not sure which application you should submit, please email Jennifer.Kirschner@baltimorecity.gov.

*\*\*IMPORTANT NOTES\*\**

1. Due to the nature of community organizing in Baltimore, we cannot make any promises regarding the confidentiality or anonymity of your responses.
2. Applicants are encouraged to disclose their lived experience here ONLY if they are enthusiastic about doing so and have no reservations in the event their story becomes public. We recognize that sharing your personal experiences – or even just hearing about others’ experiences -- can be traumatizing. This is why we will only hire those with at least some proven history of speaking out about the mental health issues. Please consider where you are in your illness or recovery and how long discussions about this topic may impact you.

***Required*** *qualifications:*

* A proven history of advocating on behalf of Baltimore City individuals or families with perinatal mental health challenges.
* Ability to commit 13 hours total throughout 2020, including 4-6 in-person workshops. Dates and times will be selected soon after all consultants are hired. They will likely include evenings and weekends. Childcare and transportation assistance can be provided.
* A team player, able to see the bigger picture, and not easily flustered.

**How to Apply:**

By Mon. 03/09/20 at 8:00am, submit your **answers to the questions beginning on page 2** to Jen at [Jennifer.Kirschner@baltimorecity.gov](mailto:Jennifer.Kirschner@baltimorecity.gov). A **resume** is welcome but not required. We will confirm receipt of your application within 2 business days. Select applicants will be invited for a phone or in-person interview in Early- or Mid-March.

PMADs Strategic Plan Consultants – Advocates Track

1. Describe, in detail, your work with or on behalf of individuals or families with perinatal mental health challenges. Include where in Baltimore City your efforts take place, how long you’ve been active, and who (what populations) are your main focus.

***Please attach any proof of your advocacy to your email via files or hyperlinks.*** *This may be articles you’ve written, testimony or speeches you’ve given, links to your professional website or social media pages, client reviews/testimonials, or anything else you think is relevant.*

1. In your opinion, what is the greatest barrier to successful treatment of prenatal and postpartum mental health issues in Baltimore City, and why?
2. Please describe your ties to Baltimore City:
3. a. *(Optional, check all that apply)* Do you have lived experience with mental illness during or within one year of pregnancy or delivery:

* as a gestational parent
* as a primary caregiver (i.e. during/after a pregnancy you did not carry)

b. If you identified as a person with lived experience, please briefly describe the most helpful supports or biggest barriers you came across as you dealt with your perinatal mental health disorder. You can be specific (e.g., a person you got support from) or broad (e.g., feeling certain communities weren’t there for you).

1. *(Optional)* Do you identify as a person of color?
2. *(Optional)* Is there anything else you’d like us to know or consider?