



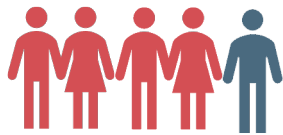
## What is Behavioral Health?

Behavioral health refers to an individual's emotional well-being and their resiliency to adapt to the demands of life. It also generally refers to issues related to mental illness and substance use. The behavioral health field is an interdisciplinary area of health focused on the prevention, early intervention, treatment, and recovery from mental illness and substance use disorders.

In Maryland, the public behavioral health system addresses the emotional health and well-being for individuals and families with mental health and substance use disorders. This system provides a full range of services to people enrolled in Medicaid, Medicare, and those who are uninsured.

## Behavioral Health in Baltimore

**1 in 5** people have a mental illness



**1 in 10** people have a substance use disorder



**74,930 people** use mental health and/or substance use services through the public system

## About Behavioral Health System Baltimore

Behavioral Health System Baltimore (BHSB) is the area's leading expert and resource in advancing behavioral health and wellness. As a non-profit organization, BHSB oversees a full-range of services to help individuals and families thrive in communities that promote emotional health and wellness.

BHSB serves as the local behavioral health authority for Baltimore City, and in this role we guide innovative approaches to prevention, early intervention, treatment and recovery for people with mental health and substance use disorders to help build healthier individuals, stronger families and safer communities.



**Edgar Wiggins, Executive Director,  
Baltimore Crisis Response, Inc**

"We provide lifesaving crisis intervention services for people who are at-risk, in distress or danger. The earlier you intervene with someone with a behavioral health condition, the more likely it is that there will be a positive outcome. These services are invaluable because they divert people away from inpatient care, incarceration and emergency rooms."

"Bmore POWER goes into the community and offers naran trainings, drug treatment and other services. We give people hope and a sense of belonging which helps them get into and stay in recovery. Everyone here had a substance use disorder--that's why the community trusts us. "



**Darryl Burrell, Program Coordinator,  
Bmore POWER**



**Karen Reese, Executive Director,  
Man Alive, Inc.**

"Man Alive, Inc is the second oldest Medication Assisted Treatment provider in the country. We also offer outpatient mental health services and an arts program called the Imagination Lab.

At the Imagination Lab we build self-esteem and connection through theater, dance, writing and other art classes. We help people rediscover who they are and realize they are not defined by their addictions."